

Video Resources for Beginners

Swing Dance Basics ♦ TC Swing

East Coast Swing Basics

How to do East Coast Swing (aka Jitterbug) Basics with a Partner

Tiffany Wine with her partner Ceth

<https://www.youtube.com/watch?v=lyk5JsSr2g>

This is a great example of a couple doing the basic step.

001 One Step Jitterbug Basic

<https://www.youtube.com/watch?v=XaadsMnRUzo>

Nice example of basic East Coast Swing, with Facing Position, an Inside Pass, and Closed Position.

9/30/15 - Swing Basics (Shim Sham, jitterbug, outside/inside/belt turns)

<https://www.youtube.com/watch?v=z7ULgq58mOo>

Another good example of basic East Coast Swing, starting with the basic step shown from the back and including some simple moves. Some of the terminology is a bit inconsistent, but it's still a helpful video. (Later in this video they also demonstrate Shim Sham, shown from the back.)

East Coast Swing Dance Demo

<https://www.youtube.com/watch?v=eVc5mSCYRTg>

This video shows a very nice East Coast Swing Dance demo. The dancers mostly keep their steps in single time but sometimes drift into triple steps, and there are also some fun kick steps and other playful rhythm breaks.

Lindy Hop Basics

Swing Lindy Hop Dance lessons with Franky Manning Level 1

Lindy Hop, Level 1, Frankie Manning & Erin Stevens; 34:57; Nov 20, 2014

<https://www.youtube.com/watch?v=cbsoepNE-Vs>

Excellent video showing Charleston, Swing-out From Closed Position, Swing-Out from Open Position, Lindy Circle (Circle to Closed), Kick-Away, Heels.

Swing Lindy Hop Dance Lessons with Frankie Manning Level 2

Lindy Hop, Level 2, Frankie Manning & Erin Stevens; 31:58; Nov 20, 2014

<https://www.youtube.com/watch?v=iPOZ30CcsM>

Options on the Basic: Pecking, Double Turn, Handshake Behind the Back, Hand to Hand Charleston, Mini Dip

Frankie Manning's Moves

Danced to Frankie's favorite song, Shiny Stockings; 6:49; May 19, 2014

<https://www.youtube.com/watch?v=D4UL6wBVmKg&t=7s>

This is a wonderful video produced by Erin Stevens, who brought Frankie out of retirement and was one of his favorite dance partners. She put all of his signature moves into this routine.

LINDYHOP MED ÅSA & DANIEL

3:23; May 24, 2013

<https://www.youtube.com/watch?v=2ag0zRS5-AA>

Daniel & Asa: demonstrating 8-count Lindy Hop practice figures, swing-outs / circles, and 8-count fun and playfulness.

LINDYHOP MED ÅSA & DANIEL DEL 2

2:55; May 6, 2013

<https://www.youtube.com/watch?v=KXIZ8AePiFs>

Daniel & Asa: 6-count Lindy Hop practice figures, tuck turns, passes, and more playfulness. Adds some 8-count figures about 1 minute into the video, then continues with 6-counts, 8-counts, and lots of fun musicality.

DANIEL & ÅSA – SWING OUTS AND SWING OUT VARIATIONS

4:41; February 2, 2010

<https://www.youtube.com/watch?v=Ax1L56LzPU0&t=112s>

Review of Swing Outs and Variations class, plus Daniel and Asa doing lots of Swing Outs and offering technique tips.

20 Original Lindy Hoppers Every Beginner Dancer Should Know (Or At Least See Dance)

9:14; February 25, 2014

<https://www.youtube.com/watch?v=fy2dR60-q1M>

Terrific compilation of famous Lindy Hop clips!